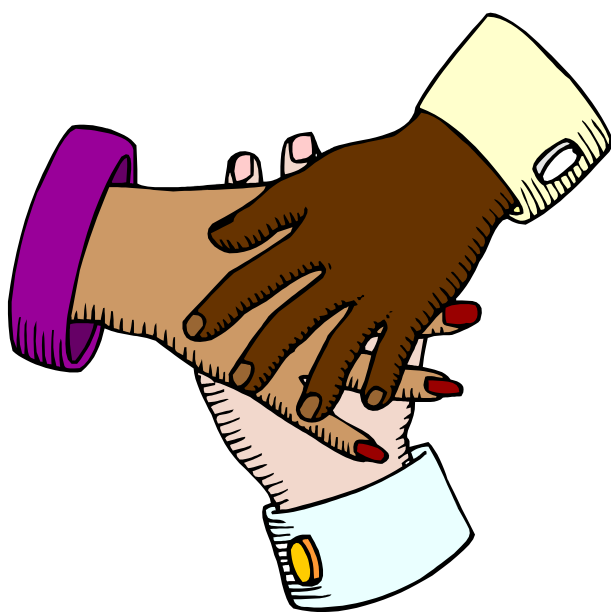


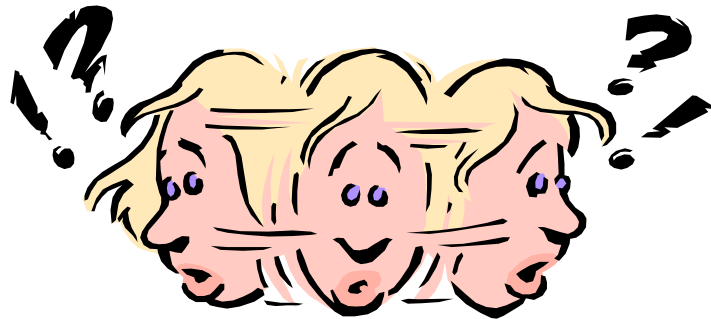
Getting on Together

An Anti-Bullying Guide for Children



This leaflet is part of a series
produced by
The Grove Primary School to support our
Anti-Bullying Policy

We have called this leaflet “**Getting on Together**” because we want everyone at The Grove Primary School to get on well with each other. That doesn’t mean that everyone has to be friends, because friendship is a choice and everyone has the right to choose who they want to spend their time with. However, what *everyone* does have to do is to treat others with respect and in the way you would like to be treated. We believe that in some ways we are similar and in some ways we are different, but everyone is just as important as everyone else.



Sometimes however things go wrong and people are unkind or aggressive to each other. All teachers and other staff will want to stop that happening and will try to sort the problem out with everyone concerned. Very occasionally, when things go wrong, children may *plan* to pick on someone more than once; hurting them, upsetting them or saying unkind things on purpose, maybe within school or out of school via internet chat rooms, email or text messaging. Sometimes they do this on their own and sometimes with others to help them.

*This is called **bullying** and is when it has happened **Several Times On Purpose (STOP)***

What will we do if you tell us you are being bullied?

We know that bullying sometimes happens in all schools but, when it happens here, we have a plan that all the staff and governors have agreed.

This is what we will do:

1. Listen very carefully to you and let you explain.
2. Talk to anyone else who might be involved or might be able to help (friends, staff, parents etc).
3. Ask Mrs Pemberton, Miss Denmeade or Mr Cottle to meet all these people and to decide how we should help you.
4. Make sure that you are safe in school.
5. Make sure that the person or people involved in bullying changes their behaviour.
6. Keep checking with you that the problems have stopped.

Other adults who can help you include your Class Teacher and Teaching Assistants.

What should you do if you think you are being bullied?

Bullying carries on if nothing is done, so the first thing you should do is:

TELL SOMEONE.

This could be a friend, a teacher, a parent or another adult. Together you should make sure that Mrs Pemberton, Miss Denmeade or Mr Cottle knows all about it. Or, you can put a note for Mrs Rutland/Miss Brine in the Supporting Others Box.

Think carefully about what has been happening so that you can describe how it is bullying or causing you problems.

EXPLAIN CLEARLY.

While the problem is being sorted out you may be worried that it will happen again. To help yourself:

1. Stay with other people who are friends;
2. Stay in places that adults can see;
3. Tell anyone who is acting in a bullying way that you don't like their behaviour and that adults are already sorting out the problem;
4. Regularly check in with your named adult who we will have arranged to help you and keep you safe.

What should you do if you think someone else is being bullied?

TELL SOMEONE.

This could be a friend, a teacher, a parent or another adult. Together you should make sure that Mrs Pemberton, Miss Denmeade or Mr Cottle knows all about it. Or, you can put a note for Mrs Rutland/Miss Brine in the Supporting Others Box.

Let's make our school free from bullying!



Who can help outside of school?

Childline
0800 1111

Kidscape
www.kidscape.org.uk